



SPUR



Cape Mental Health
all about ability

Your Age: _____

Colour in the picture
(children aged 4 - 8) and
stand a chance to win one of
these amazing prizes:

1st: R500 Spur Voucher
& R800 Cash

2nd: R500 Spur Voucher
& R500 Cash

3rd: R500 Spur Voucher
& R200 Cash

To enter, email your picture
to events@cmh.org.za by
31 October 2024

Give Cape Mental Health a
call at 021 447 9040 for free
mental health counselling
and support.

#HopeOnAString



@CTKiteFest
@CapeMentalHealth

DONATE & SUPPORT
capementalhealth.co.za
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SnapScan



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KITE Cape Town International FESTIVAL #HopeOnAString

