



CMH Membership Registration

Cape Mental Health (CMH) has a proud history spanning 108 years. We are committed to providing comprehensive, proactive and enabling mental health services in the Western Cape, and to challenging socially restrictive and discriminatory practices affecting the mental health of all people.

We invite you to become a member or to renew your membership. The annual membership fee is R50 per individual, R100 per group or organisation, and R250 per company. See overleaf for the registration form.

This entitles you to membership for a period of a year, and offers you:

- A personalised CMH membership certificate
- Opportunities to gather as a sector and share our challenges and triumphs
- Invitations to relevant meetings and events to support our work
- Inclusion on our organisation's mailing list for our Annual Review and marketing materials
- Involvement in advocacy initiatives around the rights of persons with mental disability
- Discounted training fees for training provided by our Innovation & Training Department
- Discounts on products produced by our various programmes
- Access to free counselling and trauma debriefing services.
- Acknowledgement of special members on our website and social media platforms

Cape Mental Health

REG. NO. 003-264 NPO | PBO 130004456

SECTION 18A APPROVED | BBBEE CERTIFIED

22 IVY STREET OBSERVATORY 7925 | SOUTH AFRICA
PRIVATE BAG X7 OBSERVATORY 7935 | SOUTH AFRICA

TEL +27 21 447 9040 | FAX +27 21 448 8475

EMAIL info@cmh.org.za | www.capementalhealth.co.za

Facebook @capementalhealth | Facebook @CTKiteFest
Instagram @capementalhealth | Instagram @CTKiteFest
Twitter @CMH_NGO

#EveryoneDeservesToFly | #CTKiteFest2021

Profile of our services

Mental Health Services

- Mental Health Promotion and Public Education
- Social Work Services, tele-counselling and support for persons with emotional adjustment problems and those with mental disabilities
- Corporate EAP (Employee Assistance Programme)
- Rural Outreach and Training
- MindMatters SA, a comprehensive schools-based mental health programme
- Tele-psychiatry consultations for rural service providers
- Remote mental health services

Services to children and adults with intellectual disability

- 3 Special Education & Care Centres in Heideveld, Khayelitsha and Mitchell's Plain for children with severe to profound intellectual disability
- 2 Eagles Projects in Athlone and Mitchells Plain for the over 18s with severe intellectual disability
- Garden Cottage group home in Heideveld for women with intellectual disability
- Access to Justice (including Sexual Abuse Victim Empowerment)
- Training Workshops Unlimited (TWU) with four training workshops in Athlone, Retreat, Mitchells Plain and Khayelitsha, including a Skills Training and Career Path, Garden Pot Centre, Siyakwazi Integration Company, and Eco-Carwash Solutions
- Various SETA-funded programmes
- Learnerships

Psychosocial rehabilitation (PSR) services for adults with psychosocial disability

- 26 Rainbow Foundation community-based PSR groups operating in 28 Metro nodes
- 2 Fountain House (SA) work skills rehabilitation centres in Observatory and Mitchell's Plain
- Kimber House group home in Observatory
- Cape Consumer Advocacy Body (CCAB)
- Various SETA-funded programmes
- Learnerships

Innovation and Training

- Virtual & face-to-face training for service providers in the mental health, disability and NGO sectors focusing on ECD, basic skills assessments for adults with intellectual disability, remote services to children and adults with mental disability, disability awareness, knowledge of mental disability, and other personal / organisational development areas
- specialised training materials for persons within a wide range of mental abilities
- Virtual & face-to-face training in the use of the CMH Easy-to-Read (ETR) dictionary and writing materials in the ETR format for service users with low literacy levels

Cape Mental Health Membership

Please tick the box for the type of membership chosen (✓):

<input type="checkbox"/>	Individual Membership (R50)
<input type="checkbox"/>	Organisational Membership (R100)
<input type="checkbox"/>	Company/Corporate Membership (R250)

You are welcome to make a *donation to Cape Mental Health (✓):

<input type="checkbox"/>	Amount of donation:	R
--------------------------	---------------------	---

Membership/Donor details

Contact person (e.g. Secretary, Coordinator)	
Exact title of contact person (e.g. CEO/Director)	
Name of organisation/company/ corporate (acronym & full name)	
Accreditation, if relevant (e.g. NPO, PBO, ...)	
Sector, if relevant (e.g. Disability, Early Childhood Development, Rehabilitation, ...)	

Contact details

Email	
Postal address	
Postal code	
Telephone (home/work/cell phone)	

Payment details

Amount enclosed	
Payment by (✓)	
<input type="checkbox"/> Cash	<input type="checkbox"/> Cheque
<input type="checkbox"/> Direct deposit	<input type="checkbox"/> Electronic transfer

CMH Account details

Account name: Cape Mental Health ▪ Bank: Standard Bank ▪ Branch Name: Mowbray ▪ Branch code: 024909 ▪
Branch code (electronic payments): 051001 ▪ Account Number: 071273484 ▪ Swift address: SBZA ZA JJ

Please send proof of payment, along with this form, to info@cmh.org.za.
Please ensure that your name appears as the reference.

Date:		Signature:	
-------	--	------------	--

*We reward bona fide donations of cash or of property made in kind with a Section 18A donation receipt making the donations tax deductible. The donations received must be used solely to conduct public benefit activities as listed in Part II of the Ninth Schedule of the Income Tax Act of 1962. Please note that payment of membership fees, however, do not qualify for Section 18A donation receipts.

Where appropriate we issue a B-BBEE letter of thanks which allows the donor to claim full B-BBEE points under the SED (Socio-Economic Development) category.