

List of CMHS Awards and Achievements

- The **Norwood Ravenswood International Award** (UK) for our outstanding commitment to the development of services for children and adults with learning disabilities in the townships.
- A special distinction in the **French Republic Human Rights Award** for a civil rights programme for intellectually disabled children, teenagers and adults who have been sexually abused. We were the first South African organisation to be honoured in this way.
- The **Molo Songololo Award** for our extraordinary contribution to the development and protection of children and their rights.
- The **2001 Education Africa Western Cape Premier Award** for Learning for Life.
- A **Western Cape Provincial Award** (Winner: Outstanding Group – Special Needs) awarded to Fountain House (SA) during Adult Learners' Week 2001 in recognition of the organisation's commitment to the field of adult learning.
- One of five winners in the **Ashoka Citizen Base Initiative 2002** for a creative resource mobilisation programme and recipient of a further reinvestment package for 2003 – 2005.
- In February 2003 the **Impumelelo Innovations Award Trust** awarded Learning for Life a Certificate of Excellence for its contribution to poverty reduction and community development in S A.
- Our Learning for Life programme as well as a number of our psycho-social rehabilitation programmes were cited as "**Best Practice**" examples by the Directorate Human Rights Programmes and the **Provincial Administration Western Cape** in their publication *Celebrating Disability in Our Decade of Democracy 1994 – 2004*.
- The **Vodacom Foundation Award 2005**, in acknowledgement of the outstanding community work done by Training Workshops Unlimited in the field of providing training and work opportunities for adults with intellectual disabilities.
- **Hamlet Foundation Award 2005**, for Claudine Morta (a senior staff member at Training Workshops Unlimited) for her outstanding contribution to the field of Intellectual Disability.
- In February 2007 the **Impumelelo Innovations Award Trust** awarded a Silver Award to our organisation's Sexual Abuse Victim Empowerment programme for its innovative work in the field of poverty reduction and community development. The award acknowledges the contribution we have made to public life in South Africa.

- In 2007 we received one of two merit awards awarded by the **Hamlet Foundation** for the ‘upliftment and enrichment for the quality of life of persons with intellectual disability’. The award recognised the achievements of the **Siyanceda Youth Programme** and its trainees, and the contribution of the Phase 1 and Phase 2 staff members at a time when Phase 3 of the programme is about to be replicated provincially. The programme is changing general perceptions regarding the employability of young adults with intellectual disability.
- In July 2008 the Learning for Life programme received a certificate as First Runner-up in the Category: Resource & Training Organisation of the Year – Western Cape, in the **ABSA/Sowetan ECD Provincial Awards 2008**. The award recognises the contribution that Learning for Life is making to the field of Early Childhood Development and the provision of access to education.

Special achievements for 2010/2011

- At an Awards Ceremony held on 6 September 2010 by the **SA Federation for Mental Health** on the occasion of its 90th Anniversary, Cape Mental Health was recognised for its work in a number of categories.
 - Cape Mental Health’s Sexual Abuse Victim Empowerment (SAVE) programme and the Training and Career Path programme of Training Workshops Unlimited (TWU) were nominees in the category **Innovative and Best Practice Programmes in the Field of Intellectual Disability**.
 - In the category of **Special Achievements by Mental Health Care Users in the Field of Intellectual Disability**, Gwendoline Daniels (Consumer Representative on the Cape Mental Health Board) was one of two successful nominees.
 - The enormous personal sacrifice that Pat Craig made in participating in the China Challenge 2009 in order to raise funds for SAVE, her voluntary service in SAVE since January 2010, and her ongoing commitment to raising funds for this cause, made her a worthy recipient of the **Volunteer Award**.
- We were also delighted that our nominations for the following awards carried weight, and that **Special Services Awards** went to Lewis Stores (Cape Town) for their donations in kind, and to Anglo American Chairman’s Fund for its ongoing financial support.
- Cape Mental Health hosted its 16th Cape Town International Kite Festival on 23 and 24 October 2010, with award-winning PR agency On Course Communications on board. Cathy Williams and her assistant, Noelene Botha, generated more than R3.2 million worth of media exposure and helped to draw a record number of people, estimated at between 23,000 and 24,000 through the gates. The PRISM Awards are organised annually by the Public Relations Institute of SA. Cape Mental Health and On Course Communications won **Gold for the best NGO Campaign and Silver in the category PR on a Shoestring for the kite festival publicity campaign**. Judged by 17 industry professionals, including two international judges, only 23 out of 166 entries qualified for Gold Prism Awards. Working within a modest budget, On Course Communications put together a comprehensive campaign that targeted television, radio, magazines and newspapers, and developed an online presence through the organisation’s website and a Facebook fan page. The 2010 kite festival provided the opportunity for the organisation to build its brand.

- Cape Mental Health played a pivotal role in the S A Federation for Mental Health's bid (in Athens in September 2009) to host the 2011 World Congress of the World Mental Health Federation for Mental Health. The bid was successful and the Local Organising Committee under the inspired leadership of the LOC Chair Ingrid Daniels (Director of Cape Mental Health) planned and hosted a world-class event at the CTICC from 17 to 21 October 2011. The congress received glowing recognition from the World Federation for Mental Health, its affiliates, and the international mental health consumer movement for an exceptional congress that has placed South Africa and, indeed, Cape Mental Health, in the forefront of a dynamic movement to promote global awareness of mental health issues.

This bi-annual congress brought together more than 900 medical practitioners, researchers and policy makers from around the world. The theme of the congress, *African Footprint in Global Mental Health 2011*, enabled the mental health movement to address issues of concern in African and other under-resourced areas of the world, such as poverty, HIV/Aids and the African ethics of interconnectedness, as well as global phenomena like terrorism, tsunamis and migration.

- **Special achievements for 2011/2012**

S A Federation for Mental Health Awards

- The LOC Chair, Ingrid Daniels (Director of Cape Mental Health) received a **National Outstanding Achievement Award** from the S A Federation for Mental Health in August 2012 for her exceptional and visionary leadership as LOC Chair of a hugely successful 2011 World Mental Health Congress.
- Two of Cape Mental Health's Board members were honoured by the SA Federation for Mental Health:
 - Mr Alan Crisp, our Treasurer, received a **Volunteer Award** for the role he played in managing the finances of the 2011 World Congress of the World Federation for Mental Health.
 - Mrs Shona Sturgeon, CMH Exco Member and Previous President of the S A Federation for Mental Health, received **an Outstanding Achievement in the Western Cape** for her past contributions as the first female President of the World Federation for Mental Health, President of the SA Federation for Mental Health, and CMH Board Member.
- Fountain House SA received an award from the SA Federation for Mental Health for being an **innovative and best practice programme** in the field of psychiatric disability.
- Russell Jones, our Siyakwazi Supervisor, won a **Special Achievement Award** from the SA Federation for Mental Health for service-user participation in the mental health field.
- On Course Communications, Cape Mental Health's publicist for the annual Cape Town International Kite Festival, won a **Media Award** from the SA Federation for Mental Health for securing more than R3

million worth of media exposure for the event, for Cape Mental Health and for our mental health message.

Other Awards

- The **CMH Project of the Year 2011 Award** went to staff members Shamila Ownhouse, Carol Bosch and Santie Terreblanche for their leadership and innovation in supporting people with intellectual disability in their role as self-advocates.
- The **Hamlet Foundation** also recognised the work of CMH Self-Advocate Supporters and presenting them with a Hamlet President's Award on 2 November in Gauteng 2012.